



## ATAR course examination, 2018

# PHYSICAL EDUCATION STUDIES

## Practical (performance) examination Tennis

### Time allowed

Warm up: 30 minutes  
Skills and drills: 60 minutes

### Materials required

*To be provided at the venue*

Non-personal equipment required for Tennis

*To be provided by the candidate*

Tennis racquet, enclosed shoes suitable for a hard surface

## Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

## Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	50
Conditioned performance	20	50
<b>Total</b>		100

## Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2018* document.

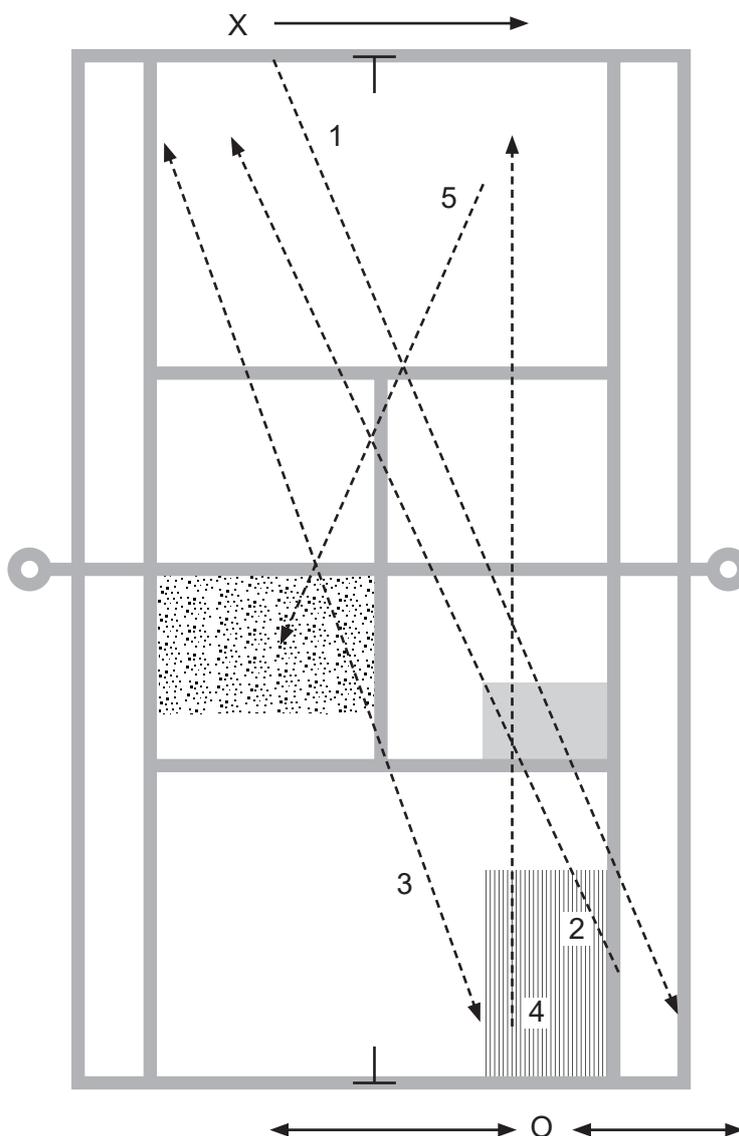
## SECTION ONE – Skills Performance

## 1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Serve-slice	Forehand ground stroke	Backhand drop shot	Overhead	Net volley backhand and forehand

Drill #1: Serve-slice, Forehand ground stroke, Backhand drop shot



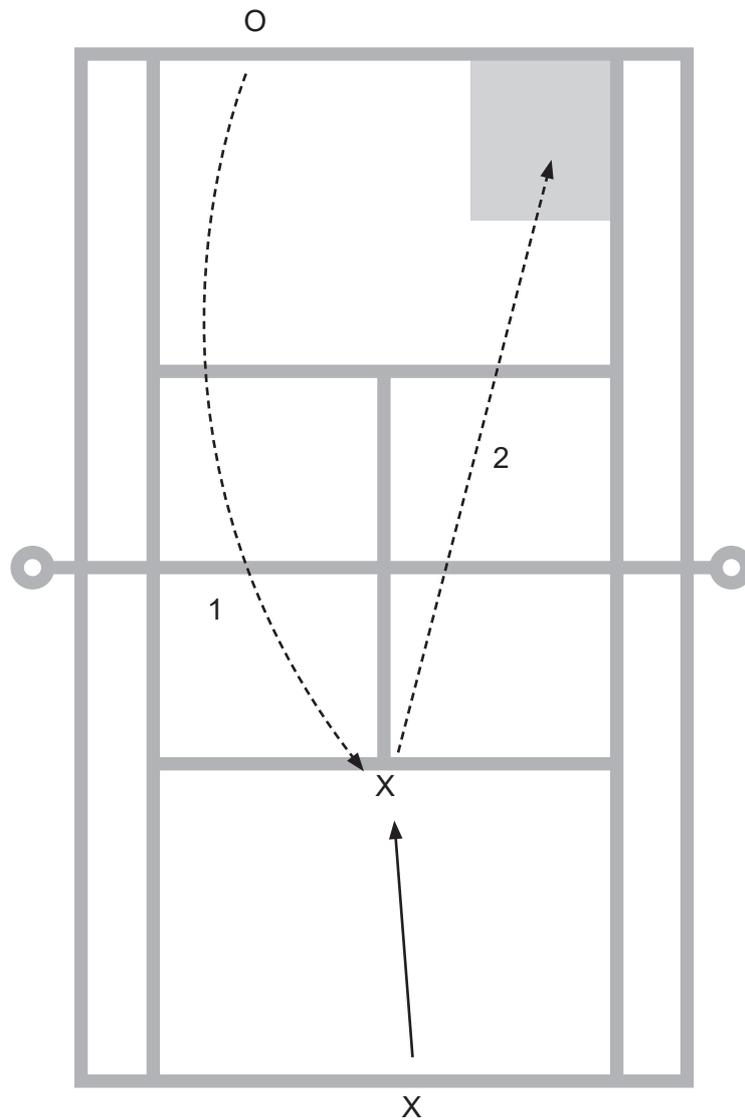
Key:	X	= player	----->	= ball movement
	O	= feeder	■	= target area 1
	△	= marker		= target area 2
	→	= player movement	.....	= target area 3
	→	= feeder movement		

**Drill description:**

1. Player hits a slice serve into the target area 1 on the deuce side of the court.
2. Feeder returns with a cross-court forehand.
3. Cross-court forehand rally then occurs with the player hitting three cross-court forehand shots into target area 2.
4. Feeder then hits a forehand down the line.
5. Player then hits a backhand drop shot cross-court into the target area 3.
6. Perform drill on the opposite side for left-handed players.

**See next page**

Drill #2: Overhead

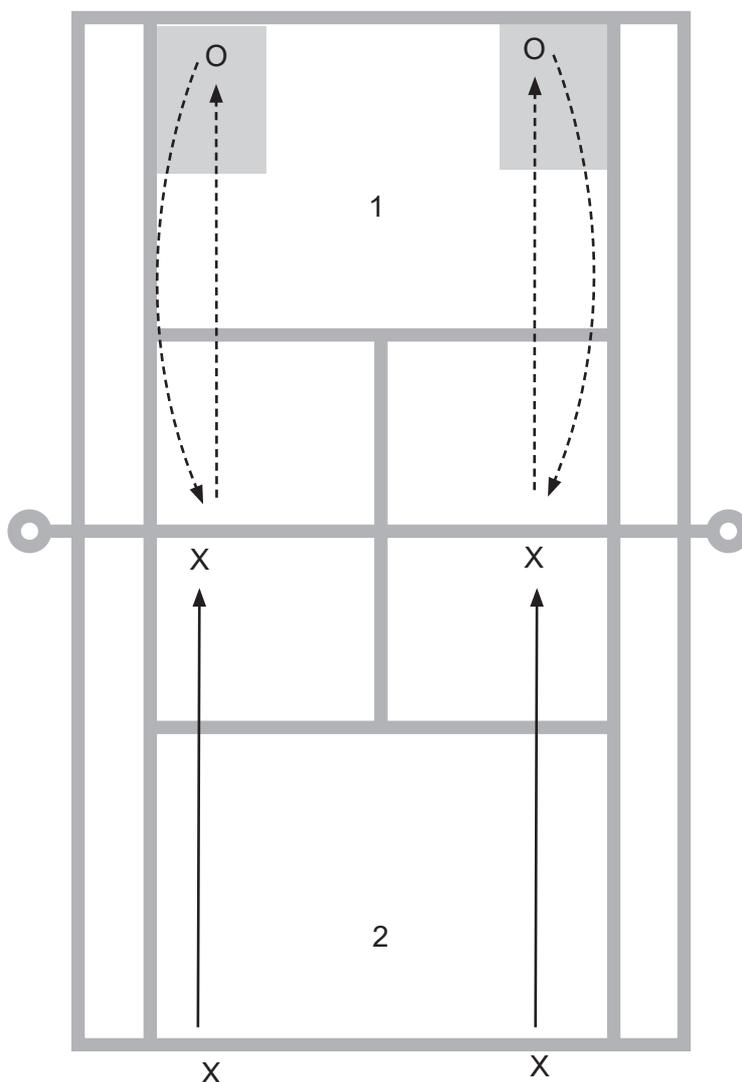


- Key:**
- X = player
  - O = feeder
  - △ = marker
  - = player movement
  - = feeder movement
  - - - → = ball movement
  - = target area

**Drill description:**

1. Feeder O feeds the player a lob.
2. Player X approaches forward towards the net and performs an overhead shot into the target area.

Drill #3: Net volley



- Key:**
- X = player
  - O = feeder
  - △ = marker
  - = player movement
  - = feeder movement
  - - - → = ball movement
  - = target area

**Drill description:**

1. Feeder O feeds the ball mid court on BH and FH.
2. Player X moves forward towards the net to play a backhand and on the other side of the court a forehand volley.

## SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Full court
SPECIFY NUMBER OF PLAYERS	2 versus 2 (doubles play)
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play out points in a doubles match format.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Groups of four(4) as allocated by Team Leader. Players matched to opponents of similar ability. Players demonstrate skills and tactics for each unique situation.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	No special rules apply.

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